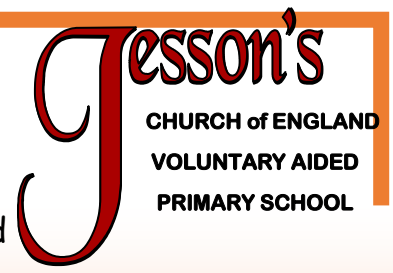




# Welcome to our latest

## Safeguarding & Mental Wellbeing Newsletter September 2022



We hope everyone had an enjoyable summer and are feeling refreshed and ready for the adventures of the new school year.

We would also like to give a very warm welcome to all our new families who have recently joined our Jesson's community.



### ATTENDANCE

Here at Jesson's, we value our responsibility in keeping children safe, while ensuring their right to an education as they attend school everyday.

**The law requires all children of compulsory school age to regularly attend school.**

If your child is absent from school, PLEASE call our attendance line on **01384 816825** by 9.15 a.m. each day of your child's absence. If there is no one to take your call, please leave a clear message with your child's name, class and reason for absence—if the message you leave is unclear, we may need to contact you.

Alternatively you can email us on [absence@jessons.dudley.sch.uk](mailto:absence@jessons.dudley.sch.uk)

If we have not had a reason for your child's absence, we are required **by law** to make contact using any of the contact numbers we hold on record. If we are still unable to make contact using those numbers, we will then conduct a 'safe and welfare check' by visiting your home.



### Working Together to Safeguard our Children

If you have a safeguarding concern about a child who attends our school, please speak to one of our team.

- ◆ Mrs Lea – Head Teacher & Lead DSL
- ◆ Mr Seager – Deputy Head & Deputy DSL
- ◆ Mrs Mann – Assistant Head & Deputy DSL
- ◆ Mrs Shackleton – Assistant Head & Deputy DSL
- ◆ Mr Mitchell – Assistant Head & Deputy DSL
- ◆ Mrs Di Franco – Mental Health Lead & Deputy DSL
- ◆ Mrs Sharma – Attendance Officer & Pastoral Support.



Alternatively: - If you are concerned about a child or young person, please call the telephone numbers below.

- ◇ During office hours call Children's Services on 0300 555 0050 selecting option 4 (9:00 – 5:00 Mon-Fri).
- ◇ Out of office hours contact the Emergency Duty Team on 0300 555 8574. In an emergency call 999

### Parents/carers Learning Programme

#### Sexual Abuse Learning Programme (Parents Protect)

Parents Protect has developed this online child sexual abuse and exploitation awareness learning programme for parents/carers and professional help:

- Understand potential risks
- Recognise the signs of possible abuse in children
- Beware of inappropriate behaviour in adults
- Know where to go for help if you have concerns and would like to talk about them



For further information visit:

[www.parentsprotect.co.uk/sexual-abuse-learning-programme](http://www.parentsprotect.co.uk/sexual-abuse-learning-programme)

### Have you heard about..



**EARLY HELP** is an intervention supporting families before issues become too severe. If you have any of the following concerns **EARLY HELP** could be for you.

- Worries about your child's health development
- Concerns about how they are doing at school
- Worries about money or housing
- Domestic abuse, drugs, alcohol, ill health etc...
- Worries about your child's behaviour

**EARLY HELP** can give you the tools to solve challenges or problems you are experiencing with help from other professionals where needed.

**If you would like to know more information, please speak to Mrs Di Franco: – 01384 816825.**

### Keeping children safe after school

The school grounds become extremely busy at the end of the school day, therefore when your child has been returned to your care at the end of each day, please be sure to keep them close by.

**Once your child has been returned to your care, they are no longer school's responsibility.**

### Parking

A polite reminder about parking around school. Please be mindful of other drivers, children and those who live very close to school.



# Mental Wellbeing



On behalf of everyone here at Jesson's, we are deeply saddened by the death of

*Her Majesty Queen Elizabeth II*

We offer our heartfelt condolences to the royal family at this extremely sad time.

The death of a prominent figure, may raise questions from children and at times, these may be difficult to answer. Coverage of the Queen's passing will be seen and heard everywhere during this sad time and for bereaved children, this can be extremely difficult. For other children, it may bring feelings of uncertainty and fear.

If you are concerned, we are here to help in the best way we can or you can go online and visit : [www.winstonswish.org](http://www.winstonswish.org)

**JESSON'S**

**GET**

**TALKING**

Growing up in today's world can be a scary place for children as they face a number of challenging experiences, not to mention the turmoil of emotions they experience through each stage of their development.

Almost half of children struggle with anxiety. Recent data shows that more than **400,000** children a month are being treated for mental health problems - the highest number on record.



Connecting with children through conversations can help ease their feelings of anxiety. It can feel difficult for children to open up and discuss their worries, but it's vital that we keep trying - it can take time to break through.

So let's all take a moment and reach out to the children in our lives and show them we're here and we care.



## Coffee Morning Drop-In

We have a fundamental belief that by working closely with parents & the community, we can nurture the development of trust, confidence, respect & the desire to learn.

We aim to help parents/carers feel comfortable when coming into school to discuss concerns they have about their child or indeed, their own needs as parents.

Our regular Coffee Morning Drop-ins will provide an opportunity for parents to get together and share conversations, while enjoying a cup of coffee/tea. Mrs Di Franco and Mrs Sharma will also be on hand for a chat or to offer any support/advice needed.

During future coffee mornings, we will invite special visitors such as the school nurse who will be able to offer any advice/support for parents.

*We really look forward to spending time in your company*

### DATES TO REMEMBER

**19th October 2022**

In support of

**Black Country Women's Aid**

the children can wear anything **PURPLE** to school. This could be a t-shirt, socks, a hair band – anything at all.

**18th November 2022**

**Children in Need** the children can come to school wearing spots.

**6th -12th February 2023**

During last year's **Mental Health** week, the children took over the school. It was an amazing experience for the children. Lets see what they get up to this time!



## Contact details for Urgent Mental Health Support

If your mental health is in crisis and you need urgent care or know someone who does, **PLEASE call NHS 111 or 999**



Shout offers confidential 24/7 crisis text support for times when immediate assistance is required



A confidential telephone counselling service for any child with a problem **Call: 08001111** anytime or [online chat with a counsellor](#)



24/7 365 days a year –they are here to listen & provide support – **Call: 116 123** or email: [jo@samaritans.org](mailto:jo@samaritans.org)



Is a free, safe and anonymous online mental wellbeing community including live chats with the team.